# THE MEANING OF RELATIONSHIP QUALITY BY THE BUSINESS LEADERS: RESULTS OF A QUALITATIVE STUDY

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Abstract. The aim of this research is to investigate the perception of the importance of relationship quality between the organisational leaders and their subordinates. Qualitative study methodology is used, applying the Leader-member exchange (LMX) theory as a ground for the research. The paper argues the importance of attributing the LMX to the organisational micro-foundation. Results suggest that despite of understanding of the importance of respect, trust, loyalty and other organisational assets for building effective organisational culture and competitiveness in the market, the large-size organisational leaders are not familiar with the concept of quality of relationship. Therefore, highlighting this theory and stressing the importance of relationship is particularly important in the educational process while the preparation of future leaders takes place.

Keywords: leadership, LMX, qualitative study, relationship quality.

## Introduction

The organisational behaviour and management literature often tackles the question of heterogeneity of organisational performance, i.e. - what are the reasons behind it (Molina-Azorin, 2014). Organisational outcomes are the collective - level (organisational macro-level) phenomena, which are explained by means of firm procedures, structures, etc. (other collective variables). However, over the last decade, more attention is paid to micro-foundational or individual level aspects (Felin et al., 2012; Foss, 2009; Jacquemod, 2020). This opens up possibilities to look at the problem from interdisciplinary perspective; however, the question of how individual-level factors and interactions between the people contribute to organisational capabilities is still not studied much. Surprisingly, the leader – member exchange theory, which is specifically focusing on the quality of relationship between the leaders and followers, is still not observed in light of organisational micro-foundation (Jacquemod, 2020). The current research draws possibilities for so doing, as well as produces answers to the question of conceptualisations of Leader-member exchange (LMX) by business leaders by applying a qualitative approach (in-depths semi-structured interviews) which is a rarely used approach in management literature (Flyvbjerg,

2006). The subject of the study is the role of leader-member exchange in the organisational outcomes, as perceived by leaders of the large-size organisations. The object is the large-size organisation leaders. Altogether, the transcripts of more than 420 minutes of interview recordings took place and the thematic analysis was performed. As a result, the subcategories and categories of LMX as regarded to organisational performance in views of business leaders, were distinguished. The data collection took place during 2019. The paper introduces with the literature review to create grounds for the formulation of the research question. Methodology part briefly explains the sample and the method used for the study, followed by results and its analysis. At the end of the paper, the conclusions and implications are discussed.

# **Literature Review**

Recent organisational behaviour and leadership literature depicts more and more evidence and conceptualisations on the fact that leadership can be malpracticed in societal and organisational reality (Kellerman, 2004; Ketz de Vries, 2009; Cleckley, 2016; Bulatova, 2016). This research is attempting to reveal the eventual reasons for it. On the micro-level, organisations consist of individuals and interactions between them. 'Unwrapping' the factors of the individual-level may serve as an initial point in understanding the collective-level results (Felin, et al., 2015: Jacquemod, 2020). Organisational outcomes according to microfoundation movement scholars i.e. (Felin, 2015) is a result of actions of concrete individuals.

The role of leadership in understanding the organisational outcomes has been discussed broadly (Trevino, 2014; Ricard et al., 2017). It is suggested that a leader is a catalysator of change in the companies and the attitudes of top leaders echo throughout the organization (Ciulla, 2006; Ladkin, 2020). Interesting that according to study done by Indans (2010), about 90 000 Latvian residents have left Latvia 'not least due to delusions in leadership and working conditions'. The present research therefore highlights the importance of the quality of relational leadership and argues its topicality for Latvian context, being not limited however to only this country as mal-practicing of leadership takes place elsewhere (Ciulla, 2006).

Leader-member exchange (LMX) theory is one of the most prominent approaches for understanding leadership (Yu, 2018), and it deals with the relationship quality between the leader and his/her subordinate, which, in turn, is understood as a two-way process based on the principle of reciprocity (Uhl-Bien et al., 2020). Leader – member exchange (LMX) theory describes how the leader and follower develop an interpersonal relationship over time as two parties influence each other (Graen & Uhl-Bien, 1995). The terms "leader-member,"

"leader-follower," and "supervisor-subordinate or "leader – employee" and "manager-subordinate" are used interchangeably and it goes in line with LMX conceptualisation (Uhl-Bien et al., 2020). Thus, LMX being a relational leadership approach, emphasises the quality of relationships between leaders and followers.

LMX can be distinguished into high and low- quality relationship. High LMX relationships (high LMX) indicate on effective informational flow and in the basis of such exchanges there are trust, mutual respect and loyalty towards each other (Bauer and Green, 1996). Leaders and followers extend the values of mutual trust, reciprocity, respect and emotional appreciation; individuals involved in high-LMX relationships report enhanced levels of satisfaction and openness in their communication (Anand et al., 2011; Dansereau et al., 2013). Subordinates of a high-quality relationship form an "in-group" circle with their leaders. "Ingroup" members are given more interesting tasks to perform, they are empowered with greater possibilities to access organisational resources and are less controlled by the part of the leaders (Gerstner & Day, 1997).

In case of low quality relationship, a lower level of trust takes place (Graen & Uhl-Bien, 1995). Control is applied by the leaders towards their "outer-group" members. Low LMX subordinates demonstrate less initiative and they clearly have a disadvantaged position in terms of various job benefits and career growth. "Outer-group" subordinates have restricted access to organisational resources and are provided with less information. This eventually causes job dissatisfaction, low organizational commitment, and even an unproductive or deviant behaviour (Gerstner & Day, 1997). Hence, low LMX relationship employs just formal contracts and they are based upon tangible assets (Dulebohn et al., 2012).

Hence, low or high LMX indicate on the quality of social exchanges between the parties. Scholars (Uhl-Bien et al., 2013) pay attention that organisational performance depends on how the parties evaluate each other. If the both parties are dedicated to construct a high-quality relationship, it contributes to higher overall work efficiency (Maslyn & Uhl-Bien, 2001; Cogliser et al., 2009). There are studies indicating on the links between evaluation of overall organisational innovativeness and LMX (Pucetaite & Novelskaite, 2014), organisational trust and LMX (Bulatova, 2017) as well as high job commitment and high LMX (Dulebohn et al., 2012).

It was proven that high-quality relationship affect the well-being of the employees, which, in turns is argued to be crucial for organizations' effectivity (Graen & Uhl-Bien, 1995) and societal functioning (Bulatova, 2015). Hansen (2011) stresses the importance of studying how LMX is addressed by leaders. Current research responds to this call. It investigates how the leaders of large-size business organisations evaluate the significance of the LMX. The link between quality of dyadic relationship with organisational outcomes has been studied for

a while i.e. (Graen & Uhl-Bien, 1995). However, further investigation of understanding LMX from the perspective of individual (Norvapalo, 2014) and societal levels (Nie & Lamsa, 2016) can still be considered (Estel et al., 2019). This paper follows Pucetaite & Lamsa (2008) and Estel with colleagues (2019) discussion and brings in light the importance of individual leaders' responsibilities in forming high quality relationship and relates it to the cultural context. Latvian business context is interesting for a study as it represents a still young capitalistic relationship because the country has experienced the transfer to a new social formation best described by Young (2003) as a period of so-called "brutal capitalism".

The following research question was put forward: How do the leaders of large-size organisations in Latvia regard the importance of quality of their relationships with subordinates? Another research question has particularly tackled the question of how do the leaders regard the matter of being evaluated by their followers?

# Methodology

For the purpose of the study, in-depth interviews with the large-size organisational leaders (which, following the tradition of managerial literature means top-management executives, see Yukl, 2018) took place. Large-size companies were addressed for the following reasons: firstly, such companies by employing the biggest number of people shape societal attitudes, draw the lines for economic development, have impact on values, technological development, and thus, can be considered as "the leaders of opinion" (Kooskora, 2008). Secondly, large companies are often positioned as top employers; they have easier access to innovation funds and are important players for the turnover of capital and thus, economic growth of the countries (European Commission report, 2017). It is argued therefore that large companies have a strong impact on the progress of economy, and according to Eurostatistics (2017), a company employing more than 250 staff is considered a large-size organisation.

As qualitative research tackles with the depth rather than breath of the phenomena (Yin, 2015), this does not require a big sample, usually 6 - 8 cases are recommended (Flyvbjerg, 2006). Ideally, achieving theoretical saturation by providing as much detail as possible involves selection of individuals or cases that can ensure that various shades of phenomenon are examined. Maximal variation strategy was therefore applied (Creswell & Tashakkori, 2007). As to year 2019, there were 195 large-size companies (SBA, 2019), and, as a matter of fact, a thorough analysis of factors was performed to create the sample. The following categories were selected and justified by literature:

• Capital of the company: foreign capital / local capital

- Production company/ service company
- Historical (or traditional) Latvian business/ new to Latvia's economy business
- Innovative sector/not innovative sector
- Leader gender: male leader / female leader
- Size of company: over 250/ over 500 employees
- Turnover of the capital: top 15 companies in high turnover/companies with comparatively low turnover
- Ethicality of industry: ethically sensitive/ethically neutral business

The semi – structured individual in-depths interviews were conducted; a total more than 420 minutes of transcripts of interviews resulted in distinguishing the themes. For confidentiality purposes the companies are not mentioned in this article. Back and forth re-reading and re-categorising them allowed further comparison of the answers and distinguishing broader categories applying the thematic analysis technique. Further, categories of behavioral practices in regards to LMX dimensions were formed.

# **Results**

Interview results in general suggest that the leaders realise the significance of their role in creation of organisational culture, climate, and organisational innovativeness. The leaders are aware of the importance of organisational trust, respect and loyalty. Specifically, trust was found to be a well-known concept, although its true meaning and understanding of its manifestation in daily life would be needed to be checked by other research techniques rather than interviews (Jacquemod, 2020). The leaders however have stressed organisational trust as an important organisational asset, gave explanations on how it can be formed and also have emphasised the role of leadership in its regards. The terms "leader-member exchange" and "relational leadership" were found to be strange and unknown concepts. The answers indicated on misunderstanding and did not show that business leaders would consider relationship quality as an important micro-level foundation for the effective functioning of their businesses. However, putting questions back and forward and discussing together what the LMX might be, fifteen behavioural practices in regards to LMX and organisational outcomes were distinguished, please see the table below.

Table 1 Explorations of Categories Followed from the Interviews (created by the author)

No.	<b>Sub-category</b>	Leaders` behaviour /theme	Citations of the interviews
1.	Encouraging innovative thinking	Providing support for innovative ideas and recognition of innovative solutions; Acting friendly to innovative performances; Being helpful; Providing resources (time and money) to implement ideas.	"We come together to discuss a potential project, and often it is risky. The idea generator plays an important role, but others are responsible as well, the whole team is responsible, and we find money for reasonable improvements."  "Some ideas are rubbish, but you need to find words to encourage the innovator!"  "We would like to demonstrate that we care for the environment, we participate in sustainability rewards; good ideas of everybody [in these regards] are welcome!"
2.	Stimulating knowledge diffusion, respect for mutual competences	Collecting opinion before initiating the changes in organisation; Stimulating knowledgesharing.	"We all have different experience, we need to learn from each other [], some people transfer knowledge from previous working places, [], we need to know what happens, what is our common knowledge and analyse it." "We know that there are professionals who have been working for many years, and they know exactly what the organisation is doing, and they are the real assets of the company"
3.	Intellectual stimulation	Providing employees with intellectually challenging tasks.	"People need to go to courses, conferences, they need to grow!"  "Is hard to stimulate to learn something new, but we deliberately make rotations from time to time so that new skills are acquired by people, and it enhances communication and respect towards each other"
4.	Stimulating personal choice in creative decisions and enhancing responsibility	Showing appreciation for good solutions; Giving subordinates autonomy to determine responsibilities of how the job should be done and situations handled.	"We are trying to make it all clear, but at the same time we don't like the routine, and when it gets too clear it can harm creativity, the tasks must be clear, but it should also be a corridor for own choice."  "Amazingly, employees usually know and how to do the things! - sometimes procedures come later, when the decision was already found!"

			"Responsibility is something people like
			to take, this is a true sign of loyalty,
			sometimes is just the art not to disturb."
5.	Providing (co-	Communicating an	"We are exploring opportunities, we are
	creating) a	explicit vision on the	generating ideas, we are putting efforts
	vision,	role of innovation,	in development of new ideas, we often
	motivating to	providing directions for	speak about it and try to motivate
	innovative	future activities	everybody"
	solutions	Tatare activities	"Innovativeness must be connected with
	Southous		the overwhelming feeling of serving a
			big goal, we need to create it."
6.	Dividing tasks		"Sometimes we don't know how to
0.	into tangible		solve something, but we sit and divide
	blocks –		
	DIOCKS -		tasks in some blocks, when is easy to
			analyse and –later- easy to be
7	D	D 1 4: 14 4:	responsible."
<i>7</i> .	Demonstrating	Delegating and trusting	"If somebody wants to do things, why we need to look for external
	trust in	professional skills,	
	employee	encouraging decision -	professionals - we have our own people,
	competence;	making	who know organisation, its values, know
	Delegating	Making allowance for	colleagues and know what is needed."
	(and trusting)	employees' commitment	"It is not everything that should be
		when assigning tasks.	prescribed, each day requires many
		checking-up on people	decisions, and everybody must handle
			them!"
			"[organisation] should be able to
			function if the manager is not there,
			because it is essential everybody knows
			and is able to do the right thing, and is
			able to make competent decisions, which
			will be in the interests of the
			organisation and will go in line with our
			norms".
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			exactly where I would like it does, shall
			I interfere, or not? I would like to say, to
			ask why is done this way, but it is not so
			easy, because it is another person
			viewpoint, and I have to respect it"
8.	Creating an	Create links between	"We sit altogether, at the same floor,
	organisational	people, provide	before the administration was on the 11 <sup>th</sup>
	culture	possibilities for easy	floor, and of course it enhanced the
		communication between	differences, now we don't want it, it
		generations and different	created unnecessary distance!"
8.	organisational	people, provide possibilities for easy communication between	ask why is done this way, but it is not so easy, because it is another person viewpoint, and I have to respect it"  "We sit altogether, at the same floor, before the administration was on the 11 <sup>th</sup> floor, and of course it enhanced the differences, now we don't want it, it

		statuses, diverse	"it is important people work at the
		departments and	office, like this they meet others, and
		employees.	mix with different generations, and those
		Organising events,	can tell stories from the past, this
		meetings and holding a	folklore is important part of our culture."
		certain atmosphere of	"it is important to stimulate knowledge
		trust during the	about each other, about what is going on
		meetings.	inother departmentsimportant to
			manage time for so doing, so people are
			not only concerned with what they are
			doing, and their own projects"
9.	Stimulating	Minimisation of power	"Young people don't like to be told, we
	open and	distance and vertical	create a culture of people who share
	transparent	relationship for overall	ideas, communicate, and raise doubts",
	communication	organisational	"important is that people are not scared
		achievements, as well as	we all share the same goals, is important
		correcting something,	we achieve them."
		somebody's behaviour	"Important is that the employees ask
		and enhancing personal	questions and are not obedient".
		growth Insuring	"Before the management was on the 11 <sup>th</sup>
		feedback flow to	floor, but we don't want it any more, this
		employees by co-	keeps the distance, somebody has to go
		workers, encouraging	up to start to stress"
		communication flow	up to start to stress
		between the employees	
		and direct supervisors.	
10.	Giving a	Ensuring a concrete	"Sometimes you really need to be very
100	feedback to	feedback to everybody.	concrete, and say exactly what you
	subordinates	location to every easy.	think, what needs to be improved;
	suboramaics		otherwise it can be too soft and can be
			misunderstood."
11.	Stimulating	Providing opportunities	"Managers and leaders were scared from
11.		for feedback to	_
	employeesto		the feedback, but then it went better, and
	provide open	administration, openness	is healthy for our organisation"
	feedback to	to critique	"If leaders are really good, they are
	management		recognised by time by others.
			"I don't really care whether I am liked
			by the employees [], but it makes me
			to feel great when I feel they
			[employees] appreciated the decision,
			especially on the sensitive matters"
			"Sometimes is hard to hear critique, but
			it is essential for growth, we try to turn it
			into a positive dialogue."
12.	Working on		"In a big organisation it is hard to create
	organisational		a common value, but once is done –
	identity		everything goes easier, organisation sort
	<u> </u>	<u> </u>	, 66,6

13.	Allowing for mistakes and recognition of moral choice decisions	Addressing morally difficult cases, sensitive topics and appreciation of interest in these matters	of cleans up from elements who do not suit here, and attracts people with similar views"  "we involve full organisation", new product is like a new child for everybody, we feel pride for it."  "[A leader] has to distinguish [good and bad] intentions, and support those who try to make it better, better for all the parties and society as a whole."
14.	Control of behaviour and sanctions against inappropriate behaviour, monitoring of task assignment	Providing feedback on unacceptable cases Attrition of individuals Monitoring work routines, clearness of tasks and objectivity in task distribution,	"We had to fire many people who did not realise the importance of our culture, our norms of behaviour. Unfortunately, it was nothing to do, you cannot change people".  "Sometimes people don't have to think and to be creative,we could do more to help them to be creative, but out of the direct job requirements."  "constant clients are the base for our success, we encourage employees to think in these terms"
15.	Role – modelling	Being an example of behaviour, value transfer	"Employees see you and make a conclusion on what is important", "you really need to pay attention to what you say, what you emphasise and what image you create" "What is discussed, how is discussed – these are the values of the leaders, which are getting spread around" "Employees see you and make a conclusion of what is important", "leadership is an example"

Referring interview results to the LMX scale (Graen & Uhl-Bien, 1995), fifteen leadership behaviours were distinguished and analysed in details. Interesting for example, was the category of "providing the feedback", as it was divided into feedback to management (by lower status individuals) in the form of raising openly the questions, doubts, concerns - it was emphasized in four interviews. While another feedback was clearly turned towards employees, and it had a connotation of sanctionability. As such, it was overlapping with the category of "controlling behavior". Organizing feedback for individual growth is clearly emphasised by Yukl (2008). Literature also suggests that feedback can also be considered as a sign of recognition and the readiness for supportability (Kaptein, 2008), knowledge sharing, and intellectual stimulation (Dulebohn et al., 2012).

Specifically, one of the leaders has stated that he *hates* obedient employees, a "communication should be clear, open, and without unnecessary boundaries". Other comment emphasised that "communication should be open in a sense of sharing different views and without fears that something might seem silly, or somebody might seem strange; if there is a question, it has to be asked". Reduction of power hierarchy was also mentioned in another interview – as a matter of office location, namely – "managers should not be located somewhere on the other floor and be unreachable".

In interviews, individual achievements and individual growth were not stressed anyhow though, except for one business leader (from IT sector). The leaders were emphasising the importance of feedback, but *how* they actually recognise and evaluate the effort of the employees was not mentioned. Mostly, the feedback was connected to performance matching it to organisational goals (emphasising the importance of customer satisfaction): "We need to say how the work is done, and leaders who are able to do so, really good leaders, I remember some from my early days, they gave me good advices, and encouraged me, I am trying to do something similar"... "Good leaders remind of importance of client satisfaction."

One more perspective of feedback was connected with being able to criticise directly: "It is important to be able to speak with all the employees, on different levels and sometimes give a very concrete feedback...". This indicates that giving a feedback is more associated with the ability of the leader to express dissatisfaction and indicate on wrong-doings of the employees. Literature however suggests that feedback contains "rewarding for appropriate behaviours" (Foss, 2009), which was almost not addressed by the leaders here.

Another interesting aspect highlighted in interviews by the leaders who participated in this research, was "monitoring of work flow". In the centre of discussions there was however a leader with his/her leadership skills, and not the employee with his/her potentials and needs. Recognising potentials and efforts of the employees, being proud of their professional achievements was not in the scope of discussions. One statement indirectly showed that the organisation consists of professionals, but it was not personalised, and therefore it is hard to conclude if the subordinates actually feel being appreciated.

# **Conclusions**

The concepts of "quality of relationship" and "relational leadership" are not common for business leaders. However, separately the dimensions of LMX such as mutual trust, loyalty, respect were mentioned by the leaders as important assets of organisational life. However, loyalty and trust are expected from employees

towards their employer rather than the other way round - leaders' duties and obligations towards followers.

Business leaders are aware of their role in organisational achievements and they emphasised the value of strong organisational culture, organisational innovativeness, and trust. But the role their employees play in having organisational outcomes was not so stressed. This goes in line with the arguments of the management (Kellerman, 2004; Ketz de Vries, 2009) and business ethics (Ciulla, 2006) literature that certain self-focused behaviour is observed in leadership practice.

The perception of leaders' role in creating leader-member relationship is not so clear. The answers did not indicate on leaders' concern of how they are perceived by followers. Followers' needs and expectations towards their leaders were not revealed in any of the conducted interviews. Neither the wording *Leader's caring attitude* was mentioned once. However, the difficulty of extending emotional support and empathy towards subordinates was discussed. This serves as an evidence of the actuality of the current research and addresses the call for the LMX theory popularisation in a country with still young business context.

Practical novelty of the research resulted in fifteen leadership behaviours - explanations of LMX challenges in a daily life. For instance, it was mentioned that employees should have opportunity to grow and make mistakes (to a reasonable extent). Support for experimentation and brainstorming should be given. Employees should be encouraged to speak out, not being afraid of condemning comments from colleagues or a strict power hierarchy, just to mention few.

It can be recommended to stimulate transparent communication, encouragement of voicing behaviour from the parts of subordinates. Respect to employee competences should take place; attentive attitude towards employees' feelings can be suggested as well, as it forms an emotional aspect of relationship.

Possibility to provide a feedback to management contributes to the employee's willingness to be engaged, support organisational values and readiness to support their leaders. This creates a deeper, 'emotional' quality of the leader-member relationship, thus *encouraging subordinators to provide the feedback* permits managers to make corrections of own behaviours and decisions, becoming better persons and better leaders. So, it can be suggested to the business leaders to be more open to critique and facilitate the feedback of the employees towards the management.

Educational process of business schools should highlight the importance of LMX theory; soft-skill study courses might address LMX theory from different angles. Educating society in large, the values of mutual respect and trust (they are in the core of qualitative LMX) should be addressed and illustrated by good

examples and practices of outstanding leadership by policy-makers and non – governmental organisations and state representatives.

In sum, for Latvian business environment, which is still young, some business paradigms (as quality of relationship) has to be approached and put into practice. The current study contributes to the understanding of the LMX as related to the context phenomena.

The aim of the qualitative research was to explore how the business leaders of large-size organisations in Latvia consider the importance of Leader-member exchange or relationship quality and draw some conclusions and implications for practitioners. The aim of the study is accomplished as model of fifteen leadership behaviours on how the relationship quality can be connected to organisational outcomes is proposed. Limitations of the study mainly tackles the question of the choice of the sample – only large-size organisations were in the scope as it limits the generalisability of the findings. The relationship quality can be perceived differently in small and medium-size businesses. This study is a demonstration of the work in progress, and further research needs to involve small and medium-size businesses, as well as quantitative approach can take place to study how LMX is perceived by the employees of the organisations in scope.

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